

THE DISCIPLINE OF DAILY MEDITATION IN GOD'S WORD
(A Publication Of "The Inner-city Church Planting Mission")

Biblical Meditation = Literally to murmur, to mutter, to talk to oneself with Scripture.

The Four Aspects Of Biblical Meditation

A. Read and study the passage.

Looking up individual words and their meanings and outlining the passage. This takes time and hard work. *"If thou seek Her (GOD'S Word) as silver, and search for Her as for hid treasures ..."* Proverbs 2:4

B. Memorize the passage.

"MY son, if you wilt receive MY Words, and hide (literally 'lay up') MY Commandments with thee..." Proverbs 2:1. *"MY son, keep MY Words, and lay up MY Commandments with thee."* Proverbs 7:1

C. Review the passage daily.

Until starting a new passage. Do this by praying It back to GOD, personalizing it, putting It to music, etc. *"And these Words which I Command thee this day, shall be in thine heart (by memorizing), and thou shall teach Them diligently unto thy children, and shall talk of Them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up."* Deuteronomy 6:6-7

D. Apply the passage.

"But be ye doers of The Word, and not hearers only, deceiving yourselves" James 1:22